



School's Out, Inc.

239 Delaware Avenue, Delmar, NY 12054



From our Executive Director, Jayne Maloney

September 2009

Welcome to all of our new and returning families. We hope you had a relaxing and enjoyable summer.

Once again, our Summer Program was great fun. Thank you to the children and our staff for making it such a success.

The new school year brings new friendships and for School's Out, Inc., it begins with a new site in the Clarksville Elementary School. We are excited to expand into this facility.

We will be sending out our monthly newsletters, vacation care registrations and announcements via our *E-Mail News Alert*. If you haven't already, please go our website, www.schoolsoutinc.org, click on *E-Mail News Alert* and complete the form. Information and registration forms are always available on the School's Out, Inc. website, as well. A limited number of paper registration forms are also available at the sites. **NOTE:** To ensure that you receive the most current announcements, if your e-mail address has changed or your child's site has changed, please update your information in the E-Mail News Alert.

Our Parent Handbook and school year calendar are now available on our website. You can go to www.schoolsoutinc.org to download this information.

Each month we will spotlight one of the School's Out, Inc. sites in our newsletter.

Inside this issue:

Vacation Care	2
Meet Our Site Managers	2
Snack	2
Important Information for Parents	3
Tuition Express	3
Back to School Tips	4
Snack Calendar	5



Vacation Care Program

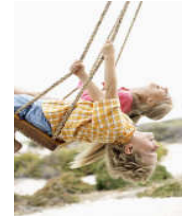
The first two Vacation Care Program Full Days will be on Monday, September 28th and Monday, October 12th. The registration flyer may be downloaded from our website, www.schoolsoutinc.org. The trips planned for these days are:

- Sept. 28th: Indian Ladder Farms—Apple Picking
- Oct. 12 Liberty Ridge Farm—Corn Maze & Pumpkin Picking

Registration is on a **first come, first serve** basis. Families enrolled in the Vacation Care Package MUST complete a registration form by the deadline date if their child will be attending. The deadline is Monday, **September 14th** or earlier, if we reach capacity.

Meet our Site Managers

Clarksville Elementary School	Jeanna Stapleton
	Renee Fox
Eagle Elementary School	Peter Halligan
Elsmere Elementary School	Brianna Brennan
Glenmont Elementary School	Kate Loomis
Hamagrael Elementary School	Danielle Cooper
Slingerlands Elementary School	Lori Layton
Storefront	Tanya Balfoort



Healthy Kids, Healthy New York

Snack is provided daily to the children in the After School Program. We strive to provide wholesome foods as recommended in the *Healthy Kids, Healthy New York After-School Initiative*. This initiative recommends the development of healthy eating habits. To adhere to this, we have incorporated fruits, vegetables and lean meats into our snack menu. The menu is posted on the Parent Board and also on our website.

Also encouraged is more physical activity for the children. Encouraged is less screen time on computers and portable electronic devices and more games which encourage active participation for all. Our weekly activity plans encourages children to remain active. It is our wish to provide a healthy and safe environment for the children.

Important Information for Parents



Sign In / Sign Out: Parents must sign their children into the program, initialing the sign in form and noting the time. When picking up your child, you must initial the form and note the time. Only those people authorized in writing will be allowed to do so. All authorized people must be **18 years of age** or older. Picture identification is required. New York State Regulations requires written notice for authorizations.

Late Pick up: The program closed promptly at 6:00 pm. Late parents will be charged \$1.00 per minute per child after 6:00 pm. The overtime will be determined by the School's Out, Inc. clock. Parents must sign the Late Pick up sheet upon arrival at the program. Parents will be billed for late charges on the next monthly tuition bill.

Schedule Changes: Any change in your child's schedule must be submitted in writing two weeks in advance to the School's Out, Inc. office. One change per year is permitted free of charge. Any additional changes will incur a \$10.00 processing fee.

Absences: If your child will be absent from the after school program please notify the School's Out, Inc. office at 439-9300 or e-mail (soi@schoolsoutinc.org) by 3:00 pm. If your child does not arrive at the program the Site Manager must search for him/her, taking time away from the other children. After 2 instances a \$15.00 search fee will be charged to your account.

Address & Phone Number Changes: Please notify the office of any changes in home address or phone numbers. Please notify the Site Manager as well.

Please check the Parent Board and the area around the
Parent Sign In/Out Binder on a regular basis
for any upcoming events and information.

Tuition Express

For our parents convenience, we offer an auto pay option-Tuition Express. Tuition may be deducted automatically via your checking account or savings account. You may also have it charged to your MasterCard or Visa. Forms are available on our website, www.schoolsoutinc.or, or call our office, 439-9300 for information.

AutoPay is processed the first business day of each month (September—June). It may be used for payment of vacation care program days and summer enrollment, as well.

Back to School Tips

Here are some cures for back to school jitters.

New Classmates: Your attitude is everything. Share from your personal experience of making new friends.

New Teachers: Try to schedule a brief introduction time with the teacher a few days before school starts. Often just seeing the teacher and the room can ease concerns. Speak positively about the new class and the exciting year ahead. Your enthusiasm will give them a positive outlook.

Being Prepared: Some children worry about having all of the supplies they need to get through the day. Enlist your child in the planning for the first day of school. This gives a sense of control and independence. Organize supplies, clothing, lunch money and snack the night before school to ensure a smoother start to the day.

The Bathroom: You can help by making sure your child knows where the bathrooms are located and how to take care of his/her bathroom needs independently.

Making the Grade: Children can “stress out” about the workload or the increasing level of difficulty of a new grade. Let your child know you and the teacher are there to assist and encourage their efforts. Stress the importance of excellent efforts instead of grades and the value of learning as opposed to “performing”.

Lunchtime: Send in a lunch from home as long as you need to. Be sure to pack food your child likes and in packages he/she can open. Before the first day of school, ensure that your child’s little hands can tackle chip or cracker bags, juice containers, sandwich boxes, etc.

Scheduling: Address concerns about dropping off, picking up and after school plans clearly and repeatedly.

School's Out, Inc.

September 2009

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7 Labor Day	8	9 School Begins Cheerios Cereal w/Raisins Water / Milk	10 First Day of Kindergarten Banana Pudding w/Sliced Bananas Water / Milk	11 Cucumber Slices w/French Dressing Water / Juice
14 Pretzel Rods w/Mozzarella Stick Water / Juice	15 Applesauce w/Cinnamon Water / Milk	16 Carrot Sticks w/Ranch Dressing Water / Juice	17 Cheese Goldfish Water / Juice	18 Nutri Grain Blueberry Bars Water / Milk
21 Melba Toast Crackers w/Strawberry Cream Cheese Water / Juice	22 Chocolate Chip Granola Bars Water / Milk	23 Golden Graham Cereal w/Mini Marshmallows & Chocolate Chips Water / Milk	24 Celery Stick w/Ranch Dressing Water / Juice	25 Happy Birthday Johnny Appleseed Apple Slices w/Cream Cheese Water / Milk
28 Vacation Care Program Full Day AM—Whole Grain Strawberry Pop Tart PM—Grapes Water / Milk	29 Pepper Sticks & Carrot Sticks w/Ranch Dressing Water / Milk	30 Cinnamon Teddy Grahams Water / Milk		

